



## PLENARY INDULGENCE FOR THOSE PARTICIPATING IN THE 2019 MARCH FOR LIFE

The Holy Father, Pope Francis, has made available a *Plenary Indulgence* to those who participate in the events surrounding the *March for Life* on the 17<sup>th</sup> and 18<sup>th</sup> of January, 2019, in the Diocese of Arlington and the Archdiocese of Washington.

The *Catechism of the Catholic Church* describes an Indulgence in this way (article 1471):

*An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven, which the faithful Christian who is duly disposed gains under certain prescribed conditions through the action of the Church which, as the minister of redemption, dispenses and applies with authority the treasury of the satisfactions of Christ and the saints. An indulgence is partial or plenary according as it removes either part or all of the temporal punishment due to sin. Indulgences may be applied to the living or the dead.*

This *Plenary Indulgence* may be obtained by participating in the events of the 2019 *March for Life* and by fulfilling the usual three conditions: sacramental Confession, the reception of Holy Communion and prayer for the intentions of the Holy Father. Those who would like to obtain the gift of the Indulgence should be truly penitential and, motivated by charity, can apply it to the souls in Purgatory.

The aged, the sick and those who truly cannot leave home to participate in the 2019 *March for Life* can also obtain the *Plenary Indulgence*. In this case, it is also necessary to be detached from any kind of sin with the intention of fulfilling the three conditions as soon as possible. Also, it is necessary to be spiritually united to the events of the 2019 *March for Life* and make an offering of any infirmity to Almighty God.